



Te Piki Oranga
MĀORI WELLNESS SERVICES

Te Puna Hononga - Waipiro me ērē atu taukino

***Alcohol and Other Drug (AOD)
specialist services***

For friendly and confidential after hours support:

AOD Helpline 0800 787 797 or free text 8681

Lifeline 0800 543 354

Māori Helpline 0800 787 798 or free text 8681

Pasifika Helpline 0800 787 799 or free text 8681

Youthline 0800 787 984 free text 8681

Gambling Helpline 0800 654 655 or text 8006

Contact us:

To access healthcare services
for yourself, whānau/client:

Phone: 0800 672 642

Web: www.tpo.org.nz

f [Facebook.co.tepikioranga](https://www.facebook.co.tepikioranga)

Call or visit one of our
health hubs:

Motueka: 03 528 1046

Whakatū: 03 546 9099

Wairau: 03 578 5750

**Individuals and whānau harmed by alcohol
and / or drug use are eligible for our
comprehensive community or outpatient
based assessment and treatment services.**



Our AOD services include:

Whakawhanaunga / Engagement

- * Building relationships and connections e.g. Pōwhiri poutama process, karakia, mihi, encourage whānau/ supports involvement
- * Mobile services enabling onsite or community based meetings

Aromatawai / Assessment

- * Identifying the kaupapa / particular topic (area of potential change) - Te Whare Tapawhā
- * Brief assessment and screening
- * Comprehensive assessment for moderate to severe problems.

Whakamaheretia / Planning

- * Goal setting
- * Information and advice offered
- * Integrated care with whānau and other services where appropriate.
- * Kōrero / counselling
- * Strengthening Te Ao Māori
- * Withdrawal support
- * Involvement of wider whānau encouraged

Rongoā / Treatment and Referrals

- * Interventions e.g. AOD Education, group work, relapse prevention etc.
- * Liaison with and referral to other Te Piki Oranga, community and treatment services.

Choosing our services

We accept from all sources e.g. self-referrals, GPs, inpatient care, community mental health, family and friends, other AOD services, Justice and education providers.

“Mā te whakatau, ka ora ai.”

When you know the signs, healing can begin.

